

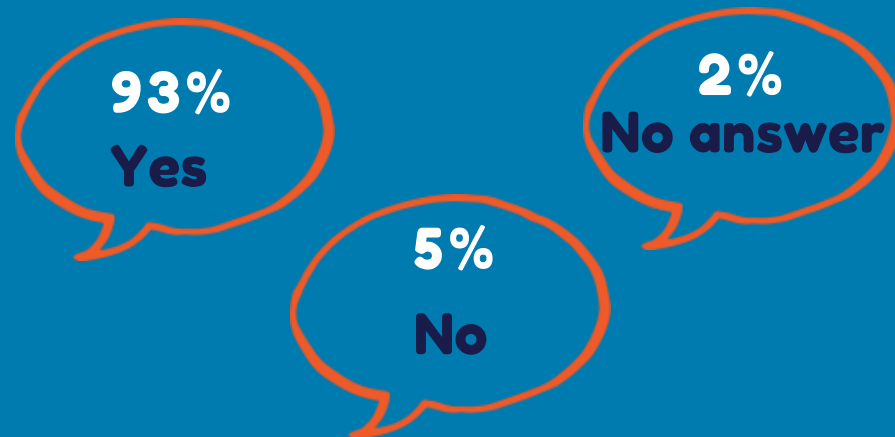
KEEPING IN TOUCH SURVEY



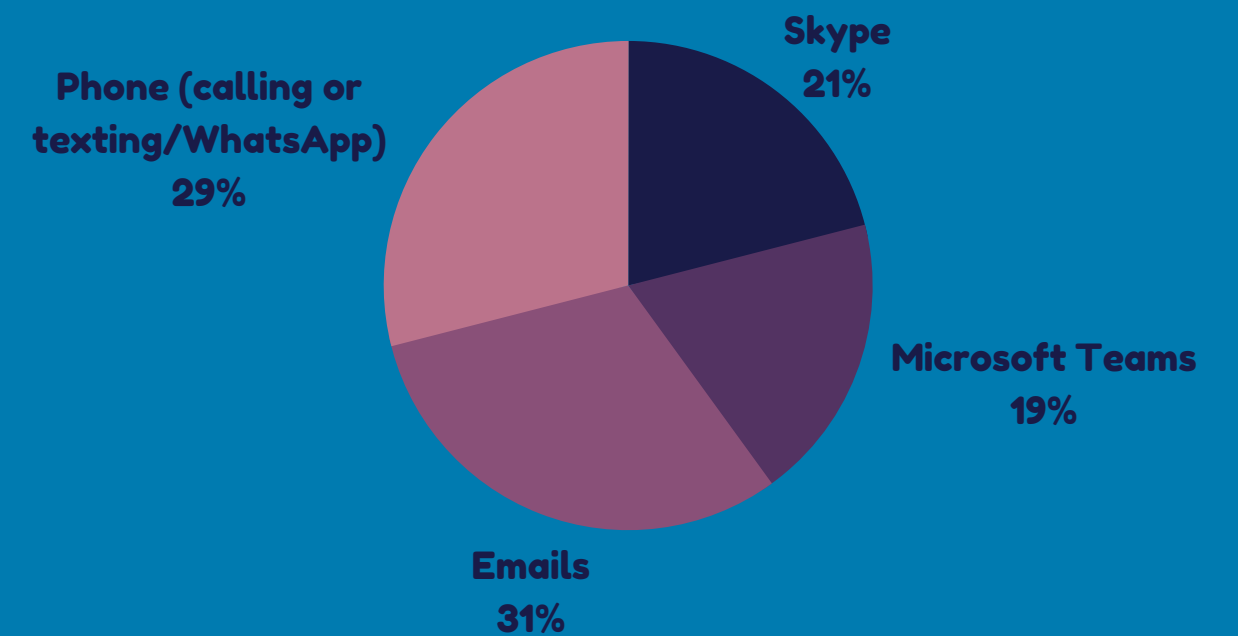
How often do you communicate with your Line Manager?



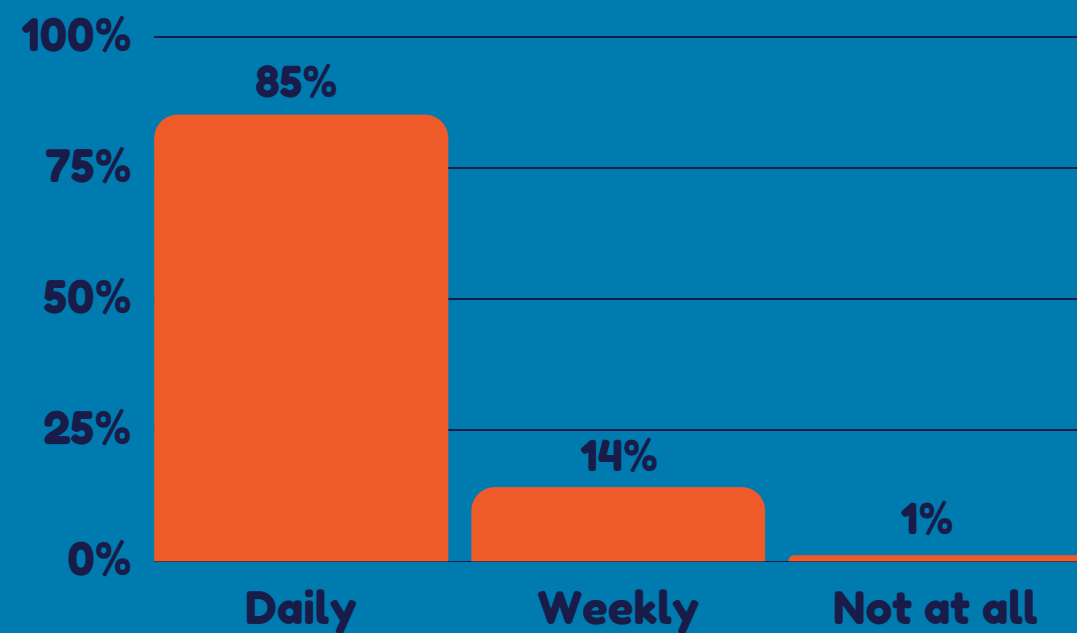
Do you read the daily comms from the Chief Executive & Leader?



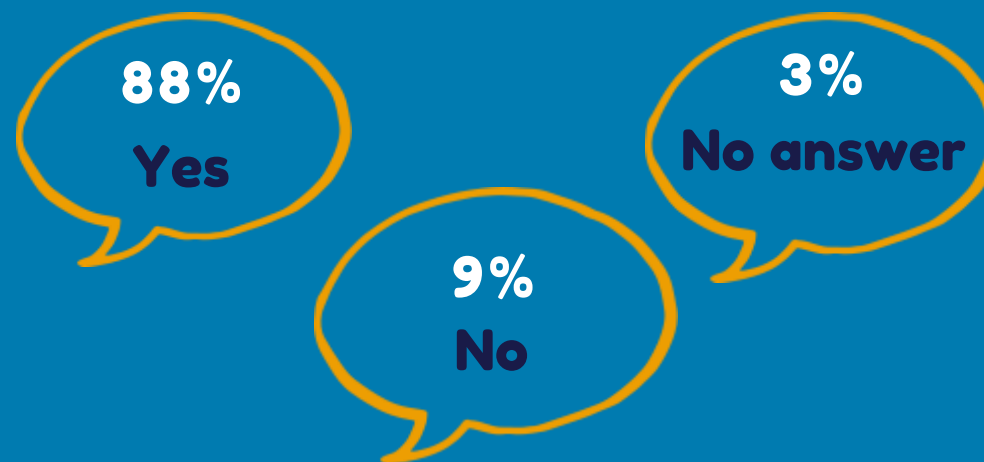
What do you use to stay connected with managers & colleagues?



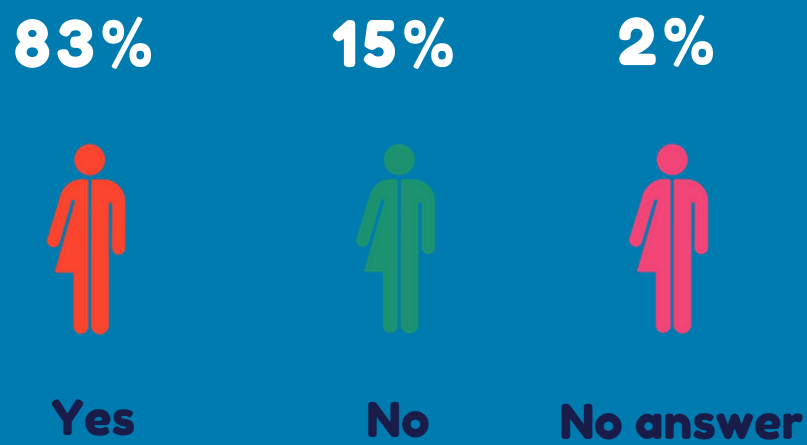
How often do you communicate with your team/colleagues?



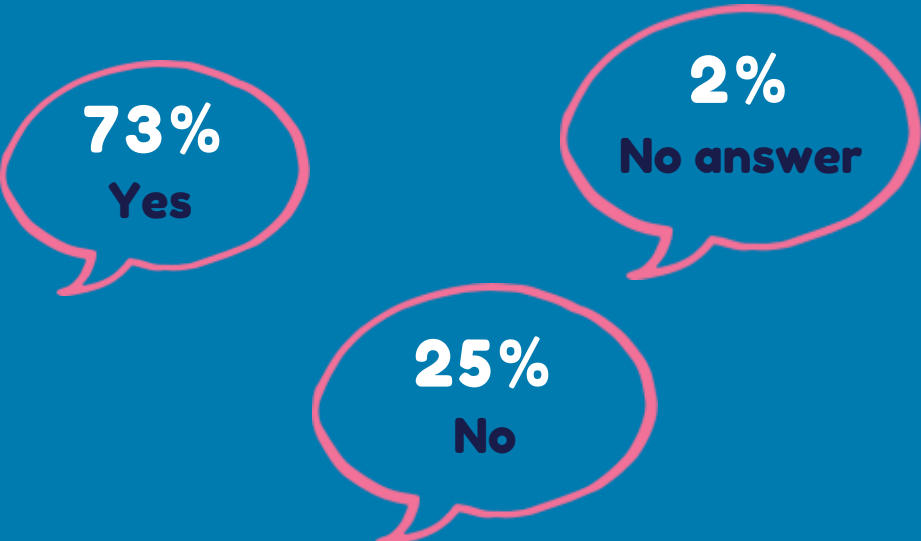
Do you find it helpful & informative



Do you read Wellbeing Wednesday?



Do you read Fun Friday?



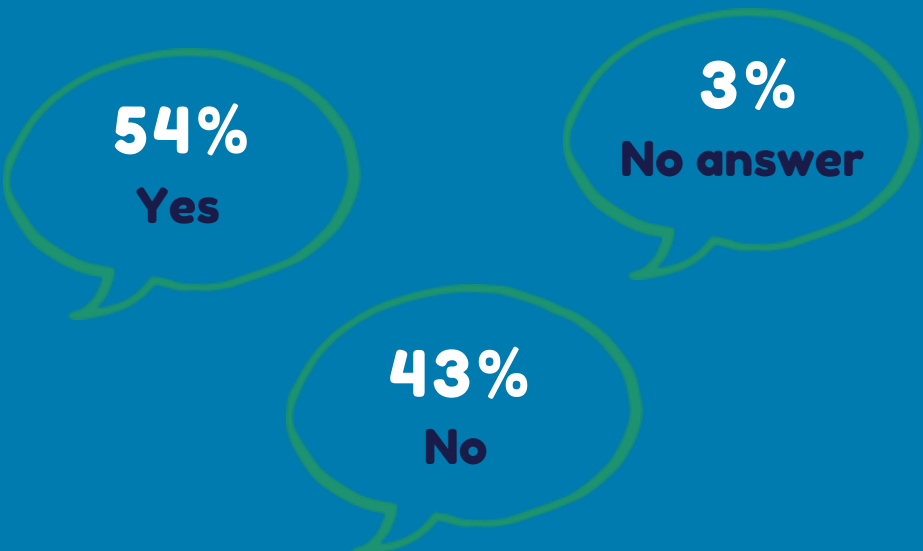
Do you manage to take regular breaks?



Do you find Wellbeing Wednesday helpful?



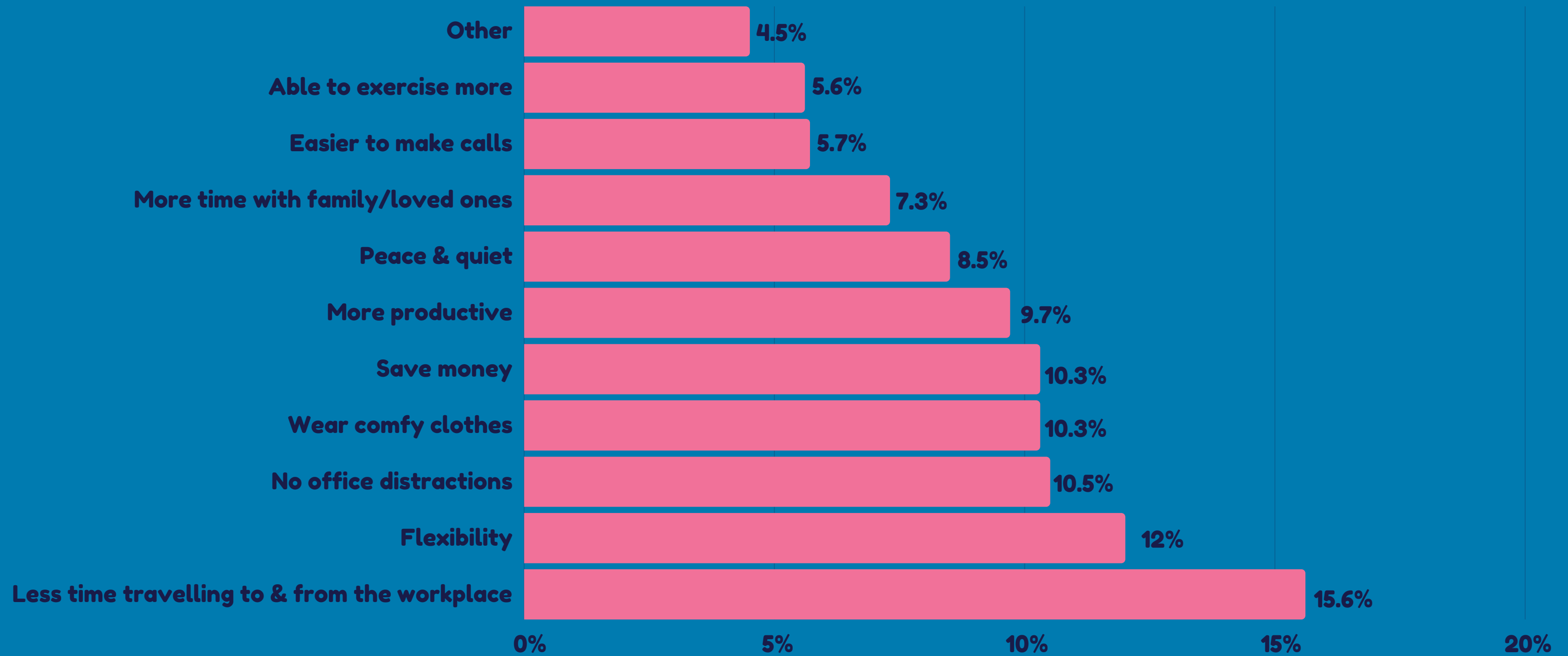
Do you feel you can participate in Fun Friday?



Do you manage to switch off at the end of the working day?



What, if anything, do you enjoy about working from home?



What, if anything, do you find challenging about working from home?



MENTAL HEALTH SURVEY

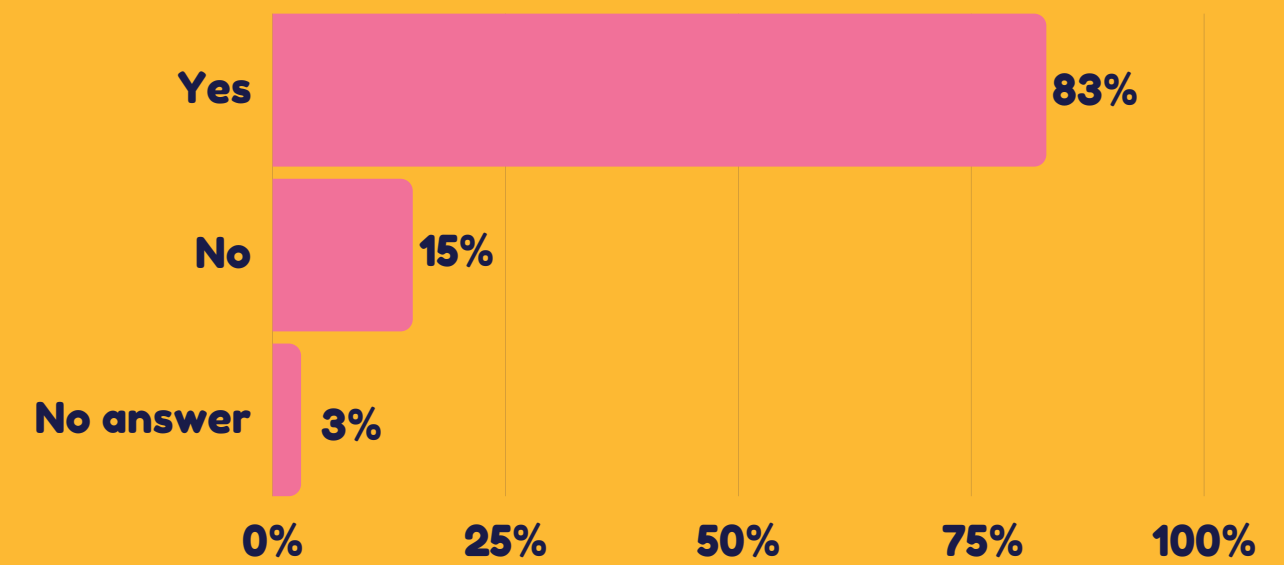
Its Okay to not be Okay



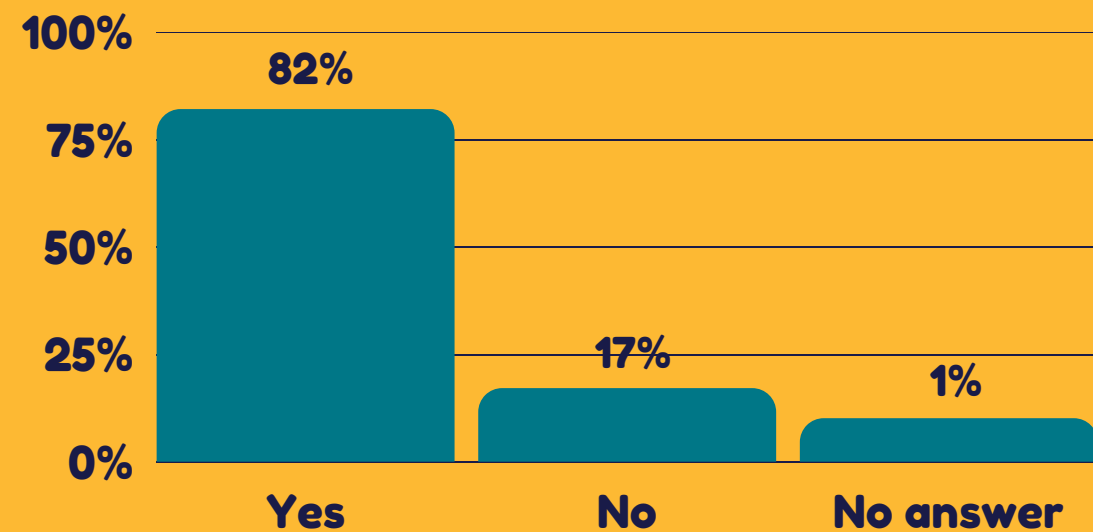
How would you rate your mental health right now?



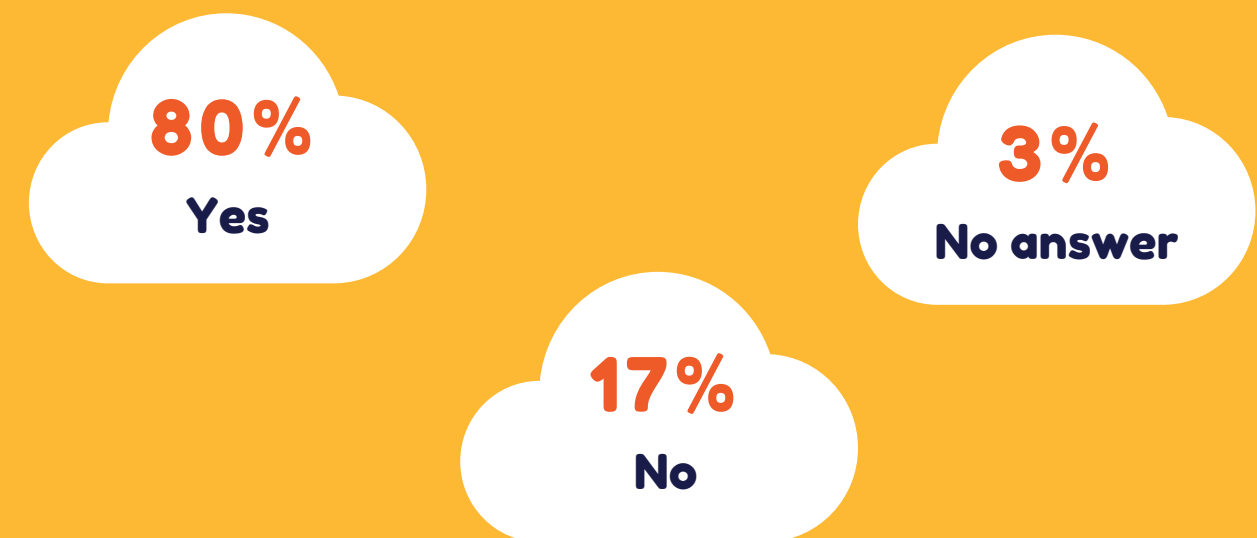
Do you know where to go to get support for any mental health issues?



Do you feel you are able to approach your manager about your mental health?



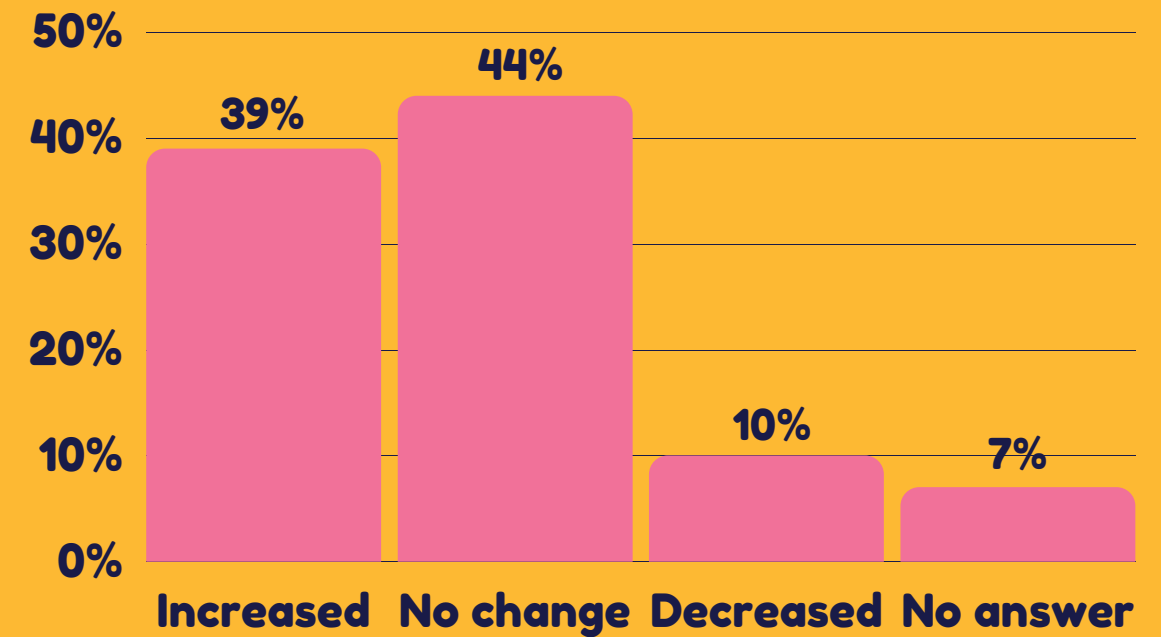
Are you aware of the Employee Assistance Programme (EAP)?



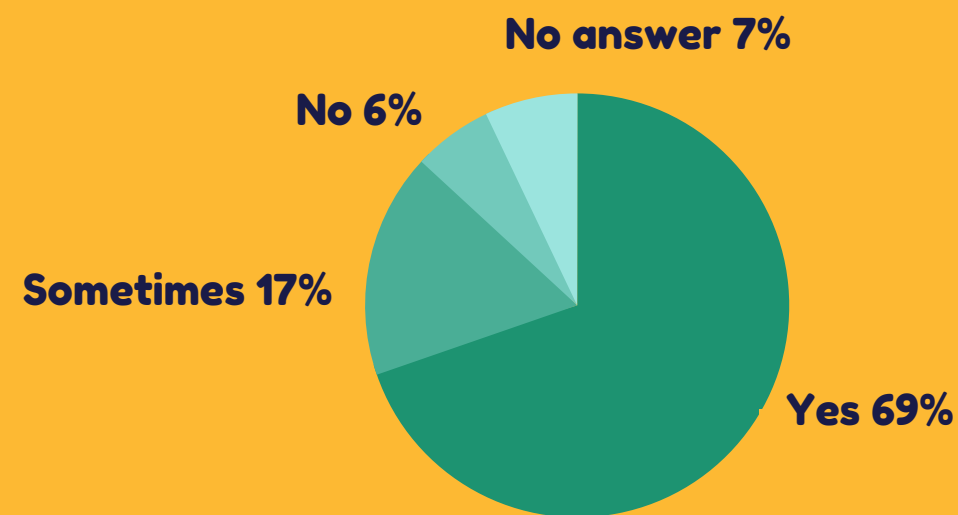
Have you spoken to a mental health first-aider?



Has working from home increased or decreased your productivity?



Does the Council & your manager support you to balance work & caring responsibilities?



Have you found Wellbeing Wednesday articles useful?

