

APPENDIX 1 Action (August – Nov 2021)	Update
Mental Health First Aider Refresher Training	<p>The Council's 12 existing Mental Health First Aiders (MHFAs) undertook refresher training, as per best practice guidelines from MHFA England which state that MHFAs should undergo refresher training every 3 years. The training took place in-person over the course of a day and was provided by local Bourne charity Don't Lose Hope</p>
Training of new Mental Health First Aiders (MHFAs)	<p>An all-staff email was sent out inviting staff to undertake the training and subsequently 9 new MHFAs were trained. The training took place in-person over the course of a day and was provided by local Bourne charity Don't Lose Hope. The existing poster which shows the Council's MHFAs will be updated to include all newly trained MHFAs and this will be communicated to all staff as well as physically displayed in work stations.</p> <p>HR is also in the process of co-ordinating the training of elected Member MHFAs.</p>
Bespoke mental wellbeing support training for specific service areas	<p>Between September and October mental health support sessions were provided for members of the Customer Service and CCTV teams. The sessions were delivered by Eleanor Haswell and Dr Andrew Coward from Get Sorted People.</p> <p>HR will continue to monitor whether additional bespoke training will be needed by other specific service areas.</p>
Mandatory mental health training module for all staff	<p>HR are in the process of entering into a 1 year contract with national mental health charity, MIND, to deliver mandatory online training for all staff. The training will be rolled out to staff following the launch of the Council's new Learning Management System and will be appropriately communicated to staff.</p>
Mandatory mental health training module for managers	<p>HR are in the process of entering into a 1 year contract with national mental health charity, MIND, to deliver additional mandatory online training for managerial staff. The training will be rolled out to staff following the launch of the Council's new Learning Management System and will be appropriately communicated to staff.</p>
Employee Assistance Programme (EAP) awareness sessions for Members	<p>Throughout the period September – October, a range of Employee Assistance Programme (EAP) awareness sessions ran for Members. The sessions were run by the Council's EAP Account Manager, Hannah Hill, and were hosted virtually.</p>